## ENNGONIA PUBLIC SCHOOL NEWSLETTER 'RESPECTFUL, RESPONSIBLE, LEARNERS'

Friday 28<sup>th</sup> August 2020







Term 3 ISSUE # 5

### PRINCIPAL'S MESSAGE

Welcome to the FORTNIGHTLY newsletter.

As mentioned last week we have moved to a fortnightly format of the newsletter. The newsletter will be published each Friday of the 'even' school weeks. That is, weeks 2, 4, 6, 8 and 10.

This week we celebrated SAS recognition week. SAS stands for School Admin and Support staff. On Wednesday we had a delicious morning tea to thank Kahla, Courtney, Rachel, Trish, Tiana and Ashley for the jobs they do. We were so busy enjoying the morning tea that we forgot to take photos! We are very lucky to have great support staff at Enngonia Public School.

Did you know that teachers are students too? Over the past few weeks our teachers have been staying at school after the bell to learn about how we can improve as teachers. We have been focusing on the latest research findings so that we can help our students to achieve their best. Thank you to our teachers for the work they do every day.

Have a fabulous fortnight!

#### Paula Buttenshaw Principal

#### CALENDAR

#### AUGUST WEEK 7

 Thursday 10<sup>th</sup> September- K-6 FILM BY incursion (Notes to come home next Monday)
 Postponed due to new COVID guidelines. Hoping for a Term 4 date.

#### SEPTEMBER WEEK 8

#### WEEK 9

 Friday 18<sup>th</sup> September – Reward day at school for 1000 Dojo points!

#### **WEEK 10**

 Friday 25<sup>th</sup> September - last day of Term 3

REMEMBER: Our breakfast program runs every morning from 8.30am. We have a great variety of breakfast cereals and toast toppings available and it is all FREE, thanks to **FOODBANK**!

At Enngonia PS, we acknowledge and pay our respects to elders past, present and future and extend that respect to all Aboriginal people we live and work with, for they hold the hopes and dreams for the future of our country.

#### Address: Belalie Street, Enngonia 2840

Phone: 6874 7550 Texts/SMS: 0437 968 146

 Principal: Ms Paula Buttenshaw
 Administration Manager: Ms Kahla Baker

 Teachers: Mrs Heather Stone, Mrs Linda Oldfield, Mrs Sally Muenster, Mrs Sam Anderson & Ms Marny Blom

 SLSOs: Mrs Rachel Cross
 AEOs: Ms Tiana Shillingsworth, Mrs Trisha Smith

 C4: Mr Apploy Wood

## RESPECTFUL RESPONSIBLE LEARNERS

#### **STUDENT of the WEEK**

#### Our STUDENT of the FORTNIGHT is:



Ben is hard working and enthusiastic. He does his best to complete tasks in the time given and is proud of his work. Ben makes himself available to help others and is always happy to lend a hand to the teachers when they have odd jobs to be done at recess or lunchtime. He is a whiz with the iPads and can show others how to use them. Thanks, Ben!

### **POSITIVE BEHAVIOUR for LEARNING**

Positive behaviour focuses for weeks 7&8.

RESPECTFUL	RESPONSIBLE	LEARNERS
A <b>respectful</b> student uses voice volumes that are appropriate to the space they are learning or playing in.	A <b>responsible</b> student lets the teacher know if they see a peer who needs help.	A <b>learner</b> waits patiently for teacher help when needed.

## LUNCHES

As of Term 4 we will not be heating any school recess or lunches. The heating of lunches is very time consuming and interferes with student playtimes and teachers' teaching time.

Please ensure that you do not send students to school with frozen food or food that needs heating. From Term 4 we will no longer have ham and cheese toasties available, but we will have vegemite, jam or cheese sandwiches for those who need them.

Thank you for your understanding.

## **Enngonia K-6 News**

## **GROWING STRONG, GROWING HEALTHY**

For students to be able to be fully engaged in their learning it is very important that they have the right amount of sleep. This extract from the Queensland Government explains why. Please ensure that your child is getting enough quality sleep each night.

## Healthy sleep in children

Sleep is essential for growth, immunity, learning and memory and is important for helping a child heal and recover. Healthy sleep means a good quantity and quality of sleep, with regular sleep routines.

### What happens if my child doesn't get enough sleep?

A child who does not get enough healthy sleep may experience difficulties with concentration, memory, regulating their emotions, organising tasks and creative thinking. These children may be easily distracted, irritable, disruptive or generally hyperactive and restless. A lack of healthy sleep has been linked to mental health problems, poor growth, excessive weight gain, and reduced school performance.

### How much sleep does a child need?

Age Infants: 4 to 12 months Toddlers: 1 to 2 years Pre-schoolers: 3 to 5 years Grade-schoolers: 6 to 12 years

Teens: 13 to 18 years

Recommended sleep hours per 24-hour period 12 to 16 hours (including naps) 11 to 14 hours (including naps) 10 to 13 hours (including naps) 9 to 11 hours 8 to 10 hours

#### **OUR VEGETABLE GARDEN**

Look at the difference in these veggies after just 2 weeks!



Week 4



Week 6

# Enngonia K-6 News





# **Enngonia K-6 News**











This term the Bilbies have been learning how to draw faces in Art. We have used an online tutorial by Darlene, a Vietnamese Canadian self-taught portrait artist. They have both sketched and painted faces, selecting their best self-portrait to be entered in the Outback Archies.















# **Enngonia Preschool News**





## WEEDFLOWER WALK

On Wednesday we went for a bush walk with the Sugar Gliders. We may have inspired Sally with our previous weedflower bouquets as she had planned an experience that involved the flower press. We picked a range of flowers and especially loved the purple flowers that the children found. We discovered kangaroo bones, a Willie Wagtail nest and saw an eagle high in the blue sky. We also talked about the river and how we get yabbies out of the river.

When we sat down near a fire place, Luci did a wonderful job at leading us through the acknowledgement. All Echidnas talked about the 'We Are One' song - Jazarli even impressed her brother Jarrel as she knew all the words and actions. We also talked a little about the use of Aboriginal symbols on rocks: this was an important way to know, for example, where water sources were. If you walk for a long time, you will need water. We asked the children if they liked being out there. Some children said they liked to look at nature. Others told us that they liked to do the bush walk with the Echidnas, because they could show the little kids how to do things!

## **Quiet places**

There is usually a lot of physical and noisy play in our playground, and we decided that we wanted to create more quiet places for children who want to have a rest or do calmer activities. We put some fabric around our tepee, and added clipboards with drawing materials. We opened up the umbrella and put a mat under it with books on it. Jazarli and Luci made amazing drawings and were very focused on their art. Wilder, Lataiya and Evie were involved in drawing and reading and then got involved in chase games. There was something for everyone!

